	<b>250th Anniversa</b>	
r Springfield	Race Series Registration	TOWN OF WEST SPRINGFIELD
Freedom	5K Race	Freedom CREDIT UNION

Activity #	Theme	Date (Saturdays)	Ages	Race Check-In Begins At	Race Start Time	Location	Registration Fee
309001-1	Leprechaun 5k	March 23	13 & Up	1:00pm	1:30pm	Irish Cultural Center of Western New England 429 Morgan Rd West Springfield, MA 01089	\$35
309001-2	Christmas in July	July 21	13 & Up	1:00pm	1:30pm	Irish Cultural Center of Western New England 429 Morgan Rd West Springfield, MA 01089	\$35
309001-3	Turkey Trot	November 23	13 & Up	1:00pm	1:30pm	Irish Cultural Center of Western New England 429 Morgan Rd West Springfield, MA 01089	\$35

## Kids Fun Run

Activity #	Theme	Date (Saturdays)	Ages	Race Check-In Begins At	Race Start Time	Location	Registration Fee	
309002-1	Leprechauns	March 23	12 & Under	12:00pm	12:30pm	Irish Cultural Center of Western New England 429 Morgan Rd West Springfield, MA 01089	\$10 Includes Children's Activities	
309002-2	Christmas in July	July 21	12 & Under	12:00pm	12:30pm	Irish Cultural Center of Western New England 429 Morgan Rd West Springfield, MA 01089	\$10 Includes Children's Activities	
309002-3	Turkey Trot	November 23	12 & Under	12:00pm	12:30pm	Irish Cultural Center of Western New England 429 Morgan Rd West Springfield, MA 01089	\$10 Includes Children's Activities	

### Leprechaun 5k + Kids Fun Run

Do you like to run or walk? Do you wish you could extend St. Patrick's season past parade day? Then we have the event for you! Wear your green and enjoy a run that is much flatter than some of the other road races in March. When you're finished with the run, grab a pint of Guinness or one of the Irish-themed specialty drinks, listen to live music on the patio, and meet the West Springfield Colleens while the kids enjoy their own entertainment!

### Christmas in July 5k + Kids Fun Run

Bring your Christmas spirit and festive attire as we celebrate Christmas in July. After the race, cool down with a Jack Frost drink and listen to music on the patio. You'll also have the opportunity to meet this year's Holiday Tour of Homes hosts, while the kids participate in Reindeer Games.

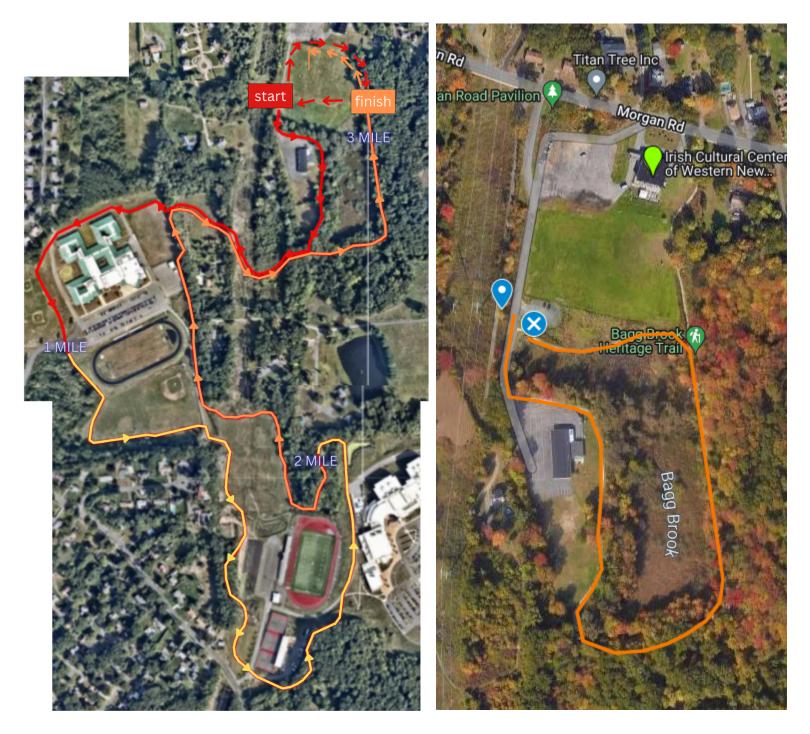
#### Turkey Trot + Kids Fun Run

Did you know the Turkey Trot is an older tradition than the Boston Marathon? Come burn off that turkey and enjoy the beautiful fall foliage along the course. Don't forget to attend the after party which will include fall-themed children's activities, drinks, and decor plus live music.



# Course Maps

Parking: 429 Morgan Rd, West Springfield, MA 01089				
5K Race - Cross Country Trail	Kids Fun Run Map - Bagg Brook Trail			



TOWN OF WEST SPRINGFIELD	250th Anniversary Race Series Registration
Household Name	Drimowy Dhone #

Household Name			_ Primary Phone #		
Street Address			Secondary Phone #		
City	State	Zip	Is this a change in address?	Yes	_No

E-Mail Address\_

Activity #	Last Name	First Name	Address/City	D.O.B	Fee

## RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in Town of West Springfield programs/activities (hereinafter the "Program") I, the undersigned, on behalf of the participant listed above (hereinafter "Participant"), and for myself, my heirs, personal and/or legal representatives, next of kin, and assigns (hereinafter collectively referred to as "I" or "ME"), hereby:

1. RELEASE, WAIVE, DISCHARGE and COVENANT NOT TO SUE the Town of West Springfield, its agents, servants, employees, officials, volunteers, contractors, representatives (hereinafter the "Town") from any and all liability, claims, demands, actions, suits, loss and causes of action whatsoever arising out of or related to any loss, damage, or injury, including, but not limited to, death, illness, injury and/or disease of any kind, and including but not limited to any death, illness, injury and/or disease in any way related to or arising out of the novel coronavirus (COVID-19), that may be sustained by the Participant and/or arising out of or related to the Participant's participation in the Program, regardless of whether they arise in tort, contract, strict liability, or other legal theory. 2. INDEMNIFY, SAVE and HOLD HARMLESS the Town from any and all liability, claims, demands, actions, suits, loss, and causes of action and any cost it may incur, including court costs and attorneys' fees, arising out of or related to the Participant's participant's participation in the they arise in tort, contract, strict liability, loss, and causes of action and any cost it may incur, including court costs and attorneys' fees, arising out of or related to the Participant's participation in the Program, regardless of whether they arise in tort, contract, strict liability, or other legal theory.

3. ACKNOWLEDGE that the Participant's participation in the Program may be dangerous and may involve the risk of serious injury and/or illness, including COVID-19, and/or death and CONSENT to the Participant's voluntary participation and ASSUME full responsibility for any risk of loss, death, illness, injury and/or disease which and/or the Participant may sustain arising out of or related to the Program whether known or unknown and whether caused by the negligence of the Town or otherwise.

4. AGREE that this Release and Waiver of Liability and Indemnity Agreement shall be construed in accordance with the laws of the Commonwealth of Massachusetts and that, in the event any portion of this document is deemed unlawful or unenforceable, said portion shall be severable and the balance of the terms shall continue in full legal force and effect.

5. AGREE that I, the undersigned, am the parent or legal guardian of the Participant. I hereby execute this Release and Waiver of Liability and Indemnity Agreement on the Participant's behalf. I understand that by executing this agreement on behalf of the Participant, I am binding the Participant and ME to the terms of this Release and Waiver of Liability and Indemnity Agreement.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS, INCLUDING MY RIGHTS AND THE RIGHTS OF THE PARTICIPANT BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.



## TO REGISTER FOR 5K RACES & KIDS FUN RUN:

## **ONLINE:**

Online registration is the fastest way to register for the programs. We recommend using this option to ensure your spot, as registrations are processed first come, first served.

- <u>Click here</u> to reach our Online Registration Site (www.wsparkandrec.com)
- Log in with your credentials. Contact the West Springfield Park & Recreation Office (parkandrec@tows.org) in order to verify your username and password or to get help setting up an account.
- Choose "250th Race Series", pick the activity you are interested in, add to cart, and check out.
- Continue to the payment screen. This will allow you to use a credit/debit card to pay for your programs.
- Check your email! Approximately 1 week prior to the start of the program, an informational reminder will be emailed to you.

### **DROP BOX:**

Using the White Drop Box located on the median outside of the Municipal Office Building is the second best option for Registration. Please note that registrations are processed on a first come, first served basis.

- Complete the 250th Anniversary Race Series Registration Form
- Make checks payable to "Town of West Springfield"
- Write "Park & Recreation Department" on the front of a blank envelope
- Place in the White Drop Box located outside of the Municipal Office Building at 26 Central St.
- Check your email! The Park & Recreation Office will email you your registration confirmation.
- Approximately 1 week prior to the start of the program, an informational reminder will be emailed to you.

## MAIL-IN/WALK-IN:

Mail-In/Walk-In is the third option on how to register. Please note that registrations are processed on a first come, first served basis.

- Complete the 250th Anniversary Race Series Registration Form
- Make checks payable to "Town of West Springfield"
- Mail to or Visit us at:

West Springfield Park & Recreation Department 26 Central Street - Suite 19

- West Springfield, MA 01089
- Check your email! The Park & Recreation Office will email you your registration confirmation.
- Approximately 1 week prior to the start of the program, an informational reminder will also be emailed to you.

